



PSHE Curriculum Overview - Year 9

Unit		Details
Autumn One	Health & Wellbeing	Pupils complete work linked to body image, self-confidence, emotional wellbeing and unhealthy coping strategies. These build towards discussion of the dangers of cosmetic procedures and a collation of avenues for additional help and assistance.
Autumn Two		
Spring One	Relationships	Most of the term's lessons are linked to romantic relationships with specific discussion of both healthy and unhealthy relationships and harassment. This builds to an examination of marriage (including the breakdown of marriage and separation), parenting skills and domestic violence
Spring Two		
Summer One	Living In The Wider World	Summer Term focuses specifically on careers examining different work roles and career paths building towards discussion of ambition and enterprise.
Summer Two		