



## PSHE Curriculum Overview - Year 6

	Unit	Details
Autumn One	<b>Health &amp; Wellbeing</b>	Pupils spend several lessons examining physical and mental health as well as how to manage difficult emotions and beginning discussions around change and transition (feeding into work done throughout the year leading to transition to secondary).
Autumn Two		In the second half term pupils begin with a lesson discussing bereavement before further lessons discussing physical and emotional changes occurring during puberty and human reproduction building on those delivered in Year 5. There are also lessons building on work completed in Year 5 in consent and drugs & alcohol.
Spring One	<b>Relationships</b>	In Spring One pupils examine conflict (and resolution) in relationships building to discussion of discrimination, prejudice and extremism. The half term ends with discussion of bullying before focussing specifically on online bullying.
Spring Two		In Spring Two pupils begin by expanding on the work completed at the end of Spring One on cyber bullying leading to discussions of trolling and social media more generally. Pupils also examine differences in sexuality and loneliness and friendship.
Summer One	<b>Living In The Wider World</b>	Pupils initially examine the concepts of ethnic diversity leading to discussion of communities and belonging. Pupils also explore topics linked to the environment such as plastic pollution and climate change.
Summer Two		As in Year 5 Summer 2 has a focus on personal finance and careers with pupils initially exploring money skills and differing methods of payment before moving into discussion around equal opportunities in the world of work.