



PSHE Curriculum Overview - Year 5

	Unit	Details
Autumn One	Health & Wellbeing	Pupils begin Autumn One by spending several lessons examining risks linked to drugs and alcohol before moving into 2 lessons covering physical and emotional changes which occur during puberty.
Autumn Two		In the second half term pupils initially focus on risks around the home and on the road before exploring hygiene (specifically linked to superbugs and antibiotic use), understanding emotions and responsible use of mobile phones.
Spring One	Relationships	In Spring One pupils examine both positive and unhealthy relationships before moving on to two lessons discussing loving relationships and marriage.
Spring Two		In Spring Two build on topics covered in Spring One by examining consent over a series of lessons in which pupils explore giving and seeking permission, personal boundaries and appropriate & inappropriate touch. This also feeds into lessons discussing stereotypes and managing challenge.
Summer One	Living In The Wider World	Pupils revisit and build upon discussion surrounding safe use of mobile phones before moving through a wide range of topics including fake news, law and order, recycling and air pollution.
Summer Two		In the second half term pupils focus on personal finance and careers examining banking and online fraud before moving on to discussions on the world of work and future career plans.