



PSHE Curriculum Overview - Year 11

	Unit	Details
Autumn One	Health & Wellbeing	Pupils complete work to help prepare them for mock examinations (and looking ahead to exams in the summer term) by initially examining strategies for dealing with anxiety and stress before moving on to explicit teaching of different revision techniques which could be used across a range of subjects.
Autumn Two		
Spring One	Relationships	Pupils explore a range of topics linked to interpersonal relationships initially discussing female genital mutilation (FGM) and child sexual exploitation (CSE) before moving on to examination of peer influence. Pupils also build on work completed in Year 10 in discussing substance abuse and dependence.
Spring Two		