



## Physical Education Curriculum Overview - Year 6

		Unit	Details
Autumn One	<b>Rugby</b>	<p><b>Rugby</b> Previous learning will be revisited and improved upon. Pupils will be taught the importance of offloading the ball before contact to improve the speed of attack. The basic set up of a scrum will be taught to pupils including how to hook the ball from the scrum. Tactical kicking will also be visited. Pupils should be competent at explaining basic rugby rules and tactics. All pupils within the year group will play a fixture against another school appropriate to their ability, and in an intra-school chapter competition.</p>	
Autumn Two	<b>Rugby/Football/Hockey</b>	<p><b>Football</b> Pupils will study football for a short period of time. In this time, pupils will learn how to take a throw in and begin to explore attacking positioning. Pupils will take part in an intra-school chapter competition.</p> <p><b>Hockey</b> Pupils will continue to follow the rules of IN2 hockey, introduced in year 5. Pupils will look at various ways of passing and shooting, and make decisions on which type of shot to play according to distance. Basic defensive and attacking positioning should be taught to pupils and they should be able to identify this when playing the game. Penalty corners will be introduced to some pupils to access higher level game situations.</p> <p>All pupils will play at least one fixture against another school in two of these sports.</p>	
Spring One	<b>Hockey</b>	<p><b>Hockey</b> Pupils will continue to follow the rules of IN2 hockey, introduced in year 5. Pupils will look at various ways of passing and shooting, and make decisions on which type of shot to play according to distance. Basic defensive and attacking positioning should be taught to pupils and they should be able to identify this when playing the game. Penalty corners will be introduced to some pupils to access higher level game situations.</p> <p>All pupils will play at least one fixture against another school in two of these sports.</p>	
Spring Two	<b>Gymnastics / Dance</b>	<p><b>Gymnastics</b> Pupils will continue to explore the Key Step 3 sequence, originally introduced in Year 5. Pupils will add a stand into their sequence. Pupils will continue to work on their vaulting technique and be introduced to different types of vault.</p> <p><b>Dance</b> Pupils will work in small groups to a piece of music linked to the Industrial Revolution. From there, they will tell the story of the industrial revolution in twenty four beats in groups, using motifs, and the knowledge that they have gained within class time.</p>	
Summer One	<b>Athletics/Cricket</b>	<p><b>Athletics</b> Pupils will all take part in the North Tyneside Quadkids competition which involves a sprint, longer run, jump and throw. These scores will be collated and sent to the Local Authority. Pupils will also concentrate on relay running, and how a baton changeover can improve the speed of a race. We will also introduce video analysis to pupils using i-Pads to improve the distance of our long and triple jumps.</p> <p><b>Cricket</b> Pupils will again revisit bowling technique, which may have been developed to include run ups. We aim to have all pupils bowling legally overarm by the end of year six. The sweep shot will be taught to pupils to hit the ball square of the wicket. Tactically, pupils will make decisions on where to place fielders based on the type of batters batting. All pupils will play a type of cricket game against another school within this term.</p>	
Summer Two	<b>Cricket/Tennis</b>	<p><b>Cricket</b> Pupils will again revisit bowling technique, which may have been developed to include run ups. We aim to have all pupils bowling legally overarm by the end of year six. The sweep shot will be taught to pupils to hit the ball square of the wicket. Tactically, pupils will make decisions on where to place fielders based on the type of batters batting. All pupils will play a type of cricket game against another school within this term.</p> <p><b>Tennis</b> In tennis, pupils will decide when it is appropriate to use a backhand and will be taught the components of this shot. Pupils will also be taught how to come close to the net to volley the ball. The introduction of the volley will coincide with pupils learning how to serve a ball without the ball bouncing first.</p>	